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Monday, June 1, 2020

We, Mount Vernon Physical Therapy (MVPT), appreciate your patience with us as we adapt to changes during the pandemic.

We have taken on new policies and procedures to keep everyone safe, healthy, and comfortable while in our clinic.

1. All staff, and patients, will be screened each time you come to our clinic. There will be questions asked about your health over the past week such as have you been sick? had a fever or chills? and have you lost the sense of taste and smell? You will also have your temperature scanned with a no touch thermometer upon walking into the clinic.
2. We will implement a curbside waiting room to eliminate risk when sitting in our clinic in the reception area. You will call us upon arriving and our staff will let you know when to come into the clinic. If your transportation option prohibits this, please let us know and we will provide a solution.
3. Please use hand sanitizer upon arrival in the clinic
4. Each staff member, and patient, will be asked to wear a face mask. Our staff will also have access to face shields, gowns and gloves when needed.
5. While in the clinic we will maintain social distancing as possible. When performing any hands-on techniques, we will ask you not to talk. Prior to the hands-on component we will establish a signal to communicate (i.e. raise a hand). We will step back and converse at an appropriate social distance. We will always provide you with the knowledge of the procedure prior to performing it, but not discuss it during the hands-on component of that procedure.
6. We have also implemented telehealth for those who prefer not to, or who are unable to, come into the clinic. This has been successful with treating patients. You are to get the same care with the knowledge of the diagnosis and treatment strategy along with the same exercise and self-stretching prescription that you would get in the clinic. Most health insurances are now onboard with paying for telehealth.

The clinic atmosphere has not changed. We will still provide friendly, knowledgeable treatment but, this is now done with social distancing and safe/healthy practices. We pride ourselves on being that that community physical therapy clinic. Some have said we are the “Cheers” of physical therapy where everyone knows your name. We will continue to keep the atmosphere but at that 6 feet distance.

Thank you for your support and we look forward to working with you in the future.

Steve Sarro, Lee Vaughan Wampler and the entire staff at MVPT.

P.S. We have moved! The address is: 7910 Andrus Rd., Suite 5, Alexandria VA 22306. This office will provide separate treatment rooms, more space, and more equipment to keep everyone separate and safe during this time of the pandemic.